

Tekisuikan NTNUI Aikido Club
March 23. to 25. 2012
Mouliko Halén



Tekisuikan NTNUI Aikido Club have the pleasure of welcoming all aikido practitioners to a weekend seminar with Mouliko Halén (6. dan Aikikai) **March 23. to 25. 2012**. Please bring your bokken.

Training schedule

Friday	1800 - 2000	200 NOK
Saturday	1030 - 1115 (bokken)	100 NOK
	1115 - 1300	200 NOK
	1530 - 1730	200 NOK
Sunday	1100 - 1300	200 NOK

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Seminar location

Dragvoll sport centre. To get to the sport centre, take bus number **5** to **Dragvoll**, it is the final destination. The bus ride from the city centre to Dragvoll takes approximately 20 to 25 minutes.

Accommodation

As most of our club's members are students we have limited capacity to offer private accommodation. However, where there is a will there is a way. Notify us and we will provide accommodation for you.

As an other option we recommend Trondheim youth and family hostel <http://www.trondheimvandrerhjem.no/>.

Price

The price for the seminar is 600 NOK. 500 NOK for visitors. The prices for single sessions are stated at the training schedule above.

Food and social events

We will probably gather at a pub after the training on Friday evening. Saturday we will provide a simple lunch that is included in the seminar price. Saturday evening we will gather at a restaurant.

Contact

For further information and registration (for the accommodation), please contact **Johannes Lorentzen**, aikido-leder@stud.ntnu.no.

You are most welcome!